



# St Cuthbert's Summer Menu 2021

All meals are served with water  
& a choice of fresh fruit and vegetables every day



## Week 1 (wk beginning: 12/4, 3/5, 24/5)

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Cakes & Waffles <i>or</i> Jacket Potato with choice of fillings Mixed Vegetables Biscuit & Milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken Roast Potatoes York. Pudding & Sweetcorn Cheesecake / Yoghurt Fresh Fruit & Vegetables	Mince & Pasta, Crispy Bread & Carrots Cupcake / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes York. Pudding & Broccoli Brownie & Milk / Yoghurt Fresh Fruit & Vegetables	Pizza Bread <i>or</i> Fish Fingers, Chips & Baked Beans Pudding of the day / Yoghurt Fresh Fruit & Vegetables

## Week 2 (wk beginning: 19/4, 10/5)

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta Bake <i>or</i> Macaroni Cheese, Garlic Bread & Mixed Vegetables Raspberry or Chocolate Mousse / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes York. Pudding & Broccoli Rice Pudding with Fruit or Sauce / Yoghurt Fresh Fruit & Vegetables	Chicken Casserole, Rice, Naan Bread & Carrots Flapjack / Yoghurt Fresh Fruit & Vegetables	Roast Turkey, Roast Potatoes York. Pudding & Sweetcorn Chocolate Cake & Custard / Yoghurt Fresh Fruit & Vegetables	Fish Portion <i>or</i> Salmon Bites, Chips & Baked Beans Pudding of the day / Yoghurt Fresh Fruit & Vegetables

## Week 3 (wk beginning: 26/4, 17/5)

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Quiche <i>or</i> Cheese/Tuna Melt, Potato Wedges & Mixed Vegetables Biscuit & Milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes, York. Pudding & Sweetcorn Sticky Toffee Pudding & Custard / Yoghurt Fresh Fruit & Vegetables	Mince Pie, Mashed Potatoes & Carrots Jelly & Ice Cream / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes York. Pudding & Sweetcorn Cake & Custard / Yoghurt Fresh Fruit & Vegetables	Pizza <i>or</i> Fish Fingers, Chips & Baked Beans Pudding of the day / Yoghurt Fresh Fruit & Vegetables

School lunches cost £2:20 per day - children may change  
between a packed lunch or a school dinner but please  
let the school office know!















**SEE BELOW FOR ALLERGEN INFORMATION FOR ALL MEALS**



## DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten\*\* in that column AND/OR the name of the nut(s)\* in that column)

[illegible]

PUDDINGS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Biscuit		√ wheat												
Yoghurt							√							
Cheesecake		√ wheat					√							
Cupcake		√ wheat		√										
Brownie		√ wheat		√									√	
Raspberry / chocolate mousse		√ wheat		√			√						√	
Rice pudding							√							
Flapjack		√ wheat												
Chocolate cake		√ wheat		√										
Sticky toffee pudding		√ wheat		√			√							
Ice cream							√						√	
Sponge cake		√ wheat		√										
Pudding of the day		√ wheat		√									√	

**PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS**

Review date: 26/3/21

Review by: K Smilgiene & C McGregor



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

Next review date: 26/5/21