

St Cuthbert's Summer Menu 2021



All meals are served with water & a choice of fresh fruit and vegetables every day

Week 1 (wk beginning: 12/4, 3/5, 24/5)											
Monday	Tuesday	Wednesday	Thursday	Friday							
Fish Cakes & Waffles er	Roast Chicken Roast	Mince & Pasta, Crispy	Roast Sausages, Roast	Pizza Bread <i>or</i> Fish							
Jacket Potato with choice	Potatoes York. Pudding &	Bread & Carrots	Potatoes York. Pudding &	Fingers, Chips & Baked							
of fillings Mixed Vegetables	Sweetcorn	Cupcake / Yoghurt	Broccoli Brownie & Milk /	Beans							
Biscuit & Milk / Yoghurt	Cheesecake / Yoghurt	Fresh Fruit & Vegetables	Yoghurt	Pudding of the day /							
Fresh Fruit & Vegetables	Fresh Fruit & Vegetables		Fresh Fruit & Vegetables	Yoghurt							
				Fresh Fruit & Vegetables							
Week 2 (wk beginning: 19/4, 10/5)											
Monday	Tueşday	Wednesday	Thursday	Friday							
Tomato & Basil Pasta	Roast Sausages, Roast	Chicken Casserole, Rice,	Roast Turkey, Roast	Fish Portion <i>or</i> Salmon							
Bake or Macaroni Cheese,	Potatoes York. Pudding &	Naan Bread & Carrots	Potatoes York. Pudding &	Bites, Chips & Baked							
Garlic Bread & Mixed	Broccoli	Flapjack / Yoghurt	Sweetcorn Chocolate Cake	Beans							
Vegetables	Rice Pudding with Fruit or	Fresh Fruit & Vegetables	& Custard / Yoghurt	Pudding of the day /							
Raspberry or Chocolate	Sauce / Yoghurt		Fresh Fruit & Vegetables	Yoghurt							
Mousse / Yoghurt	Fresh Fruit & Vegetables			Fresh Fruit & Vegetables							
Fresh Fruit & Vegetables		2016									
Week 3 (wk beginning: 26/4, 17/5)											
Monday	Tuesday	Wednesday	Thursday	Friday							
Homemade Quiche <i>or</i>	Roast Chicken, Roast	Mince Pie, Mashed	Roast Sausages, Roast	Pizza 🗨 Fish Fingers, Chips							
Cheese/Tuna Melt, Potato	Potatoes, York. Pudding &	Potatoes & Carrots	Potatoes York. Pudding &	& Baked Beans							
Wedges & Mixed	Sweetcorn Sticky Toffee	Jelly & Ice Cream / Yoghurt	Sweetcorn Cake & Custard	Pudding of the day /							
Vegetables Biscuit & Milk /	Pudding & Custard /	Fresh Fruit & Vegetables	/ Yoghurt	Yoghurt							
Yoghurt	Yoghurt		Fresh Fruit & Vegetables	Fresh Fruit & Vegetables							
Fresh Fruit & Vegetables	Fresh Fruit & Vegetables										



School lunches cost £2:20 per day - children may change between a packed lunch or a school dinner but please let the school office know!

SEE BELOW FOR ALLERGEN INFORMATION FOR ALL MEALS

DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

MAIN DISHES			X.	F	9.33°	at column A	Wik		MASTARD	S.				e K
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Fish cake		√ wheat			٧		٧		٧					
Jacket					٧		٧		٧					
potato														
fillings														
Yorkshire		√ wheat		٧			٧							
pudding														
Pasta		√ wheat												
Crispy /		√ wheat												
Garlic /														
Naan bread														
Sausages		√ wheat											٧	٧
Pizza bread		√ wheat					٧							
Fish fingers		√ wheat			٧									
& portion														
Tomato &		√ wheat		٧					٧					
basil pasta														
Macaroni		√ wheat					٧							
cheese														
Chicken		√ wheat												
casserole														
Salmon		√ wheat			٧				V					
bites														
Quiche		√ wheat		٧			٧							
Tuna melt		√ wheat		٧	٧		٧		٧					
Cheese melt		√ wheat					٧							
Mince pie		√ wheat												
Mashed							٧							
potato														
Baked														٧
beans														

PUDDINGS		W	Y.	F		IIpm Flour	Malk		(WIESHARD)	A	×			o'*
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Biscuit		√ wheat												
Yoghurt							٧							
Cheesecake		√ wheat					٧							
Cupcake		√ wheat		٧										
Brownie		√ wheat		٧									٧	
Raspberry / chocolate mousse		√ wheat		٧			٧						٧	
Rice pudding							٧							
Flapjack		√ wheat												
Chocolate cake		√ wheat		٧										
Sticky toffee pudding		√ wheat		٧			٧							
Ice cream							٧						٧	
Sponge cake		√ wheat		٧		_	_		_	_	_			
Pudding of the day		√ wheat		٧									٧	

PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS

Review date: 26/3/21 Review by: K Smilgiene & C McGregor



You can find this template, including more information at www.food.gov.uk/allergy

Next review date: 26/5/21