

Physical Education at St Cuthbert's RC First School

The national vision is for: "All pupils leaving primary school [to be] physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport."

Intent:

It is our intention when teaching the PE curriculum, we develop the enjoyment of physical activity and strive to improve the importance of health and wellbeing. Our intention is to give children the opportunities to develop their skills, knowledge and understanding and apply these in competitive situations, with the vision this provides them with lifelong learning skills. We ensure that all our pupils receive a well-rounded learning experience when participating in different sporting activities, learning the importance of health and wellbeing and equipping them with the necessary values and tools to achieve at St Cuthbert's and beyond. It is our intention to engage pupils in the possibilities of sport; to develop a passion for being active and healthy; to have the confidence to try new things, build resilience and show determination in all they do. At our school the Sports Premium funding is used to provide high quality specialist delivery of the PE curriculum to all pupils and provide high quality CPD for teachers. This is achieved through the Newcastle Primary Stars programme.



Implementation:

At St Cuthbert's a wide range of sports and activities are offered to all pupils.

In KS1, we provide opportunities for pupils to develop fundamental movement skills, becoming increasingly competent and confident. Over the course of the year this covers Multi Skills, Football, Gymnastics, racket skills/Tennis, Rugby, striking/fielding in Cricket and Athletics.

In KS2 pupils continue to develop their current skills learnt in KS1 and progress onto more difficult skills in Tag Rugby, Gymnastics, Athletics, Tennis/Cricket, basketball/netball and football.



We are striving to ensure all pupils are able to engage in competitive and co-operative physical activities. Through the Youth Sport Trust partnership KS1 and KS2 experience a range of increasingly challenging situations including competition and school games.

KS1: Y1 Hoopstarz, Multi skills, Dodgeball

KS2: Y4 Tag Rugby, Multi Sports, Gymnastics, Football, Tennis, Y3/4 Tag Rugby, Y3/4 Tri Golf, Y3/4 Quad Kids, Y3/4 Cricket festival

At St Cuthbert's we offer a range of after school clubs to ensure children are active and that they are given opportunities to learn new skills or to develop further. These include Football, Cricket, Tennis, Dance, Tag Rugby, Multi Sports and Sports leaders.

Impact

We strive to ensure that our pupil's attainment is in line or exceeds their potential when we consider the varied starting points of all our children. Through our progressive skill based curriculum we are measuring the children's ability, striving for them to meet their age-related expectations for their year group. We intend the impact of our PE curriculum will ensure children will leave St Cuthbert's prepared for the next step in their physical education and life beyond primary school.