



St Cuthbert's Summer Menu 2022

All meals are served with water
& a choice of fresh fruit and vegetables every day



Week 1 (wk beginning: 25/4, 16/5, 13/6, 4/7)

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta Bake or Tuna pasta bake or Macaroni Cheese, Garlic Bread & Mixed Vegetables Biscuit & milk/ Yoghurt Fresh Fruit & Vegetables	Roast Turkey, Roast Potatoes York. Pudding, gravy & sweetcorn Cupcake / Yoghurt Fresh Fruit & Vegetables	Chicken pie or chicken casserole, Garlic Bread & Carrots & rice Cheesecake / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes York. Pudding, gravy & Peas Choc or vanilla ice cream & meringue / Yoghurt Fresh Fruit & Vegetables	Pizza <i>or</i> Fish Fingers, Chips & Baked Beans Pudding of the day / juice Yoghurt Fresh Fruit & Vegetables

Week 2 (wk beginning: 3/5, 23/5, 20/6, 11/7)

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Cakes & Waffles or Jacket Potato with choice of fillings Mixed Vegetables Cake & custard / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes York. Pudding, gravy & broccoli Fruit crumble & ice cream / Yoghurt Fresh Fruit & Vegetables	Chicken curry & rice naan bread & Carrots Orange or strawberry jelly & whip / Yoghurt / Fresh Fruit & Vegetables	Roast Sausages, mashed Potatoes, York. Pudding, gravy & peas Toffee whirl & Custard / Yoghurt Fresh Fruit & Vegetables	Fish fingers <i>or</i> homemade chicken nuggets, Chips & Baked Beans Pudding of the day & juice / Yoghurt Fresh Fruit & Vegetables

Week 3 (wk beginning: 9/5, 6/6, 27/6, 18/7)

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta Bake or Tuna pasta bake or Macaroni Cheese, Garlic Bread & Mixed Vegetables Biscuit & juice / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes, York. Pudding, gravy & Sweetcorn Brownie & milk / Yoghurt Fresh Fruit & Vegetables	Mince pie, mashed potatoes, carrots & crispy bread Orange or strawberry jelly & ice cream / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes York. Pudding, gravy & broccoli Sticky toffee pudding & custard / Yoghurt Fresh Fruit & Vegetables	Fish portion or salmon bites, Chips, Baked Beans & garlic bread Pudding of the day & juice / Yoghurt Fresh Fruit & Vegetables

School lunches cost £2:20 per day - children may change between a packed lunch or a school dinner but please let the school office know!



PUDDINGS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Biscuit		√ wheat												
Yoghurt							√							
Cheesecake		√ wheat					√							
Cupcake		√ wheat		√										
Brownie		√ wheat		√									√	
Raspberry / chocolate mousse		√ wheat		√			√						√	
Rice pudding							√							
Flapjack		√ wheat												
Chocolate cake		√ wheat		√										
Sticky toffee pudding		√ wheat		√			√							
Ice cream							√						√	
Sponge cake		√ wheat		√										
Pudding of the day		√ wheat		√									√	

PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS

Review date: 05/04/22

Review by: K Smilgiene & C McGregor

You can find this template, including more information at www.food.gov.uk/allergy

Next review date: 22/07/22

