



St Cuthbert's Summer 2 Menu 2021

All meals are served with water
& a choice of fresh fruit and vegetables every day



Week 1 (wk beginning: 7/6 & 28/6)

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Basil Pasta Bake <i>or</i> Macaroni Cheese, Garlic Bread & Mixed Vegetables Vanilla or choc ice cream/ Yoghurt /Fresh strawberries & Vegetables	Roast beef, Roast Potatoes Yorkshire pudding, peas & gravy Cake & custard / Yoghurt Fresh Fruit & Vegetables	Chicken Curry, Rice, Naan Bread & Carrots Flapjack / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes, Yorkshire pudding, gravy & Broccoli Biscuit & Milk / Yoghurt Fresh Fruit & Vegetables	Pizza <i>or</i> Fish Fingers, Chips & Baked Beans Pudding of the day / Yoghurt Fresh Fruit & Vegetables

Week 2 (wk beginning: 14/6 & 5/7)

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Cakes & Waffles <i>or</i> Jacket Potato with choice of fillings Mixed Vegetables Apple crumble & ice-cream / Yoghurt Fresh Fruit & Vegetables	Roast Turkey, Roast Potatoes, Yorkshire pudding, gravy & sweetcorn Biscuit & milk / Yoghurt Fresh Fruit & Vegetables	Mince Pie, mashed potatoes, Crispy Bread & Carrots Choc or raspberry mousse / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes, Yorkshire pudding, gravy & peas Choc cake & custard / Yoghurt Fresh Fruit & Vegetables	Choice of sandwiches (ham/cheese/tuna/chicken) & Chips Fresh salad Pudding of the day / Yoghurt Fresh Fruit & Vegetables

Week 3 (wk beginning: 21/6 & 12/7)

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese or Tuna Melt, Waffles & Mixed Vegetables Brownie & Milk / Yoghurt Fresh Fruit & Vegetables	Roast Chicken, Roast Potatoes, Yorkshire pudding, gravy & sweetcorn Orange or strawberry jelly & ice cream / Yoghurt Fresh Fruit & Vegetables	Chicken casserole, rice, carrots & garlic bread Sticky toffee pudding & custard / Yoghurt Fresh Fruit & Vegetables	Roast Sausages, Roast Potatoes, Yorkshire pudding, gravy & broccoli Cheesecake / Yoghurt Fresh Fruit & Vegetables	Fish portion or salmon bites, Chips, Baked Beans & garlic bread Pudding of the day / Yoghurt Fresh Fruit & Vegetables









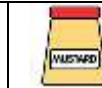



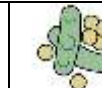

ALL Reception, Y1 & Y2 pupils are entitled to a free meal plus anyone in Y3 & Y4 eligible for free school meals. For all other pupils school lunches cost £2:20 per day – children may change between a packed lunch or a school dinner but please let the school office know!
SEE BELOW FOR ALLERGEN INFORMATION FOR ALL MEALS



DISHES AND THEIR ALLERGEN CONTENT

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

[illegible]

PUDDINGS														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Biscuit		✓ wheat												
Custard							✓							✓
Apple Crumble		✓ wheat												
Yoghurt							✓							
Cheesecake		✓ wheat					✓							
Cupcake		✓ wheat		✓										
Brownie		✓ wheat		✓									✓	
Raspberry / chocolate mousse		✓ wheat		✓			✓						✓	
Rice pudding							✓							
Flapjack		✓ wheat												
Chocolate cake		✓ wheat		✓										
Sticky toffee pudding		✓ wheat		✓			✓							
Ice cream							✓						✓	
Sponge cake		✓ wheat		✓										
Pudding of the day		✓ wheat		✓									✓	
Jelly	NO ALLERGENS													

PLEASE INFORM SCHOOL IMMEDIATELY IF YOUR CHILD HAS ALLERGIES TO ANY OF THE ABOVE MAIN DISHES OR PUDDINGS

Review date: 28/05/2021

Reviewed by: K Smilgiene & C McGregor



You can find this template, including more information at www.food.gov.uk/allergy

Next review date: 06/09/2021